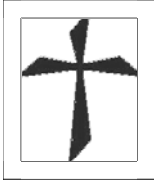


St. Francis Xavier School News



Peek at the Week November 9—13

Wednesday, November 11

All School Liturgy—9am—
Trinity Hall
Please join us for this perfect
prayer.

Veterans Day
Guest Speaker—
Trinity Hall

B.E.S.T. 3:15pm—5pm

Thursday, November 12

Last Day of First Quarter
Knowledge Bowl Meet—
Annandale

Friday, November 13

NO SCHOOL
Teacher Workshop Day

Care for the Most Important Part of your Child

As Catholic parents, we know that our child's soul is the most important part of the body but sometimes we put off nurturing it in favor of more immediate priorities. Yet we know that the body eventually will fail but the soul will live forever. Consider these ideas for raising a strong, healthy soul in your child's body:

Feed the soul like you would the body. Spiritual nourishment can come from attending Mass every weekend, receiving the Sacraments, and encouraging a regular prayer habit. Encourage prayer as a family, too.

Educate the soul. Denying a child a proper academic education is unthinkable, so make sure to provide ample opportunities to learn about our faith through Catho-

lic Schools or religious education programs. Make sure that your child knows that his or her religion class has the same priority as other academic subjects. Review the homework, check on progress, and show your child that you are interested in his or her Religion class.

Show by example. When we teach our child to ride a bike or tie his shoe, we do so by showing him how. Make sure to also show your child ways to live the faith. Discuss what you do to keep your own soul healthy and strong.

Daily exercise is key. We only get better by practice. Make sure your child practices his or her faith every day. Prayer and service to others are two easy ways to start.

Don't be too busy for Mass *every* weekend

Studies show that the best way for parents to be sure their children will remain faithful Catholics when they grow up is to take them to Mass **every** weekend. That's how children learn that Jesus is there for them now and always. If you have trouble getting your family to Mass every weekend, consider this:

"Weekends are a busy time for our family." Schedule Mass on the calendar the way you would an important soccer game or dance performance. There are many different Mass times at different parishes, including Saturday vigils and Sunday nights. Think of Mass the way you do a favorite television show and schedule it in.

"My children learn about Jesus daily at school. Isn't that enough?" Giving children a firm grounding in the faith is very important but without taking them to Mass every Sunday, it's like serving them a steak dinner that's missing the steak. Jesus is present, body and blood, every Sunday in your church. Don't miss the chance to bring your children there, too.

Growing Our Seeds Of Faith



**Be it known to all who enter that Christ is the reason for this school.
He is the unseen but ever present teacher in its classrooms.
He is the model of its faculty and the inspiration of its students.**

**St. Francis Xavier School
Mission Statement**

*As a Christ-centered faith
community, we foster
spiritual growth,
academic excellence and
a commitment to justice in
the name of Jesus as we
educate our students.*



Do You Feel Sick?

You may have the flu if you have fever (100°+) or chills
AND
a cough or sore throat.

You may also have a runny nose, body aches, a headache, tiredness,
diarrhea, or vomiting.

If you think your child may have the flu, keep him or her at home for at least 24 hours after the fever is gone, without the use of fever-reducing medication.

Reminder

Parents need to call in EVERY DAY that their child is not going to be in school. If leaving a message, please specify the reason for the absence—vacation, appointment, or symptoms (i.e. temperature of ____ degrees, cough, sore throat, etc.) St. Francis Xavier School needs to track this as directed by the Minnesota Department of Health.



New Virtus Opportunity

If you have not yet taken the 3-hour Virtus Session: *Protecting God's Children for Adults*, you are in luck! Another opportunity has been scheduled and will be offered this weekend at the St. Francis Xavier Faith and Education Center:

Sunday, November 8th at 6:30pm

If you are interested in volunteering with children in our school or parish or becoming a substitute teacher, the **Archdiocese requires that you must submit a background check and attend one of these sessions.** If you are unable to attend this session, you may attend one at another Parish. Several neighboring parishes have scheduled training sessions as well. These are listed on the Virtus website (www.virtus.org) Registration must be done online at this website as well.

Students Exemplify RESPONSIBILITY

Congratulations to the many students who were recognized for demonstrating outstanding leadership in the area of Responsibility, which was our value for the month of October. Special congratulations to the following six students whose names were drawn to have a special lunch with me:

Ashley Wolf—Gr. 8
Anna Cassady—Gr. 7
Jacob Johnson—Kindergarten
Abigayle DeWolfe—Kindergarten
Haelyn Eggert—Kindergarten
Ava Klett—Kindergarten

Plans are underway for a fun and exciting All-School Sleepover. Do you have Tuesday, November 24th marked on your calendar? There is no doubt this special event will create many fond memories for years to come. See flyer with today's newsletter for more information.